

Ask the Expert



Q: *What conditions do chiropractors treat?*

A: Doctors of Chiropractic (DCs) care for patients of all ages, with a variety of health conditions. DCs are especially well known for their expertise in caring for patients with back pain, neck pain and headaches...particularly with their highly skilled manipulations or chiropractic adjustments. They also care for patients with a wide range of injuries and disorders of the musculoskeletal system, involving the muscles, ligaments and joints. Conditions such as plantar fasciitis, tennis elbow, rotator cuff injuries, carpal tunnel, sciatica, and disc problems are just a few of many conditions that chiropractors can and do treat. These painful conditions often involve or impact the nervous system, which can cause referred pain and dysfunction distant to the region of injury. At Active Health Chiropractic we utilize the latest forms of therapy and rehab exercises to support the chiropractic adjustment in treating these conditions.

The benefits of chiropractic care extend to general health issues, as well, since our body structure affects our overall function. DCs also counsel patients on diet, nutrition, exercise, healthy habits, and occupational and lifestyle modification. All this without drugs or surgery.

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